We often think of Lent as a time to give up something—a bad habit, a favorite food; but it is also a time when many people choose to take on or cultivate a positive habit or attitude, especially one that serves or encourages others. How might you do Lent differently this year?

**Be a blessing.** Listen well. Compliment others. Commit one random act of kindness each day. Volunteer one hour a week to tutor a younger student or to clean up a city park. Plan a service project during your spring break. Challenge your family to help families in need by getting involved with a Habitat for Humanity build or doing chores to raise money for Heifer International. How will you be a blessing?