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We often think of Lent as a time to give up something—a bad habit, a favorite food; but it is also a time when many people choose to take on or cultivate a positive habit or attitude, especially one that serves or encourages others. How might you do Lent differently this year?

[Be a blessing.](#) Listen well. Compliment others. Commit one [random act of kindness](#) each day. Volunteer one hour a week to tutor a younger student or to clean up a city park. Plan a service project during your spring break. Challenge your family to help families in need by getting involved with a [Habitat for Humanity](#) build or doing chores to raise money for [Heifer International](#). How will you be a blessing?