In Oaxaca, Mexico, the fourth Friday of Lent is known as *El Día de la Samaritana*, the Day of the Samaritan Woman. In John 4:1-42, Jesus asks a Samaritan woman for a drink of water and, in a candid conversation with her, reveals that he is the Living Water, the Christ. And she runs to tell others about Jesus.

On this day, people all over the city of Oaxaca honor this woman by offering cold water, fruit drinks, or ice cream to passers-by. These simple acts of generosity celebrate the Samaritan woman’s transforming encounter with Jesus.

Enjoy an ice-cold cup of water or fruit juice with your friends or family. Talk about what it means to you that Jesus is the living water. How does the image of water symbolize eternal life?