Cascarónes, or “confetti eggs,” are hollowed-out, brightly-colored eggs filled with confetti. When a cascarón is thrown or smashed over someone’s head, the egg explodes in rainbow-colored confetti.

Some Christians believe cascarónes symbolize a new baptism; at Easter, they celebrate our new life in Christ. The history of the cascarón is uncertain, but they probably originated in China. Today they are most popular in Mexico and parts of Texas.

Start making your cascarónes for Easter. Hollow out your egg (if you haven’t already) by gently removing the egg yolks and whites (as shown in this video). Rinse the empty eggs thoroughly, and let them dry while you prepare the dye. You might experiment with natural dyes; or you can decorate the shells with crayons and stickers before you stuff them with confetti. Be sure to have them finished before Easter!