



*Cascarónes*, or “confetti eggs,” are hollowed-out, brightly-colored eggs filled with confetti. When a *cascarón* is thrown or smashed over someone’s head, the egg explodes in rainbow-colored confetti.

Some Christians believe *cascarónes* symbolize a new baptism; at Easter, they celebrate our new life in Christ. The [history](#) of the *cascarón* is uncertain, but they probably originated in China. Today they are most popular in Mexico and parts of Texas.

Start making your *cascarónes* for Easter. Hollow out your egg (if you haven’t already) by gently removing the egg yolks and whites (as shown in this [video](#)). Rinse the empty eggs thoroughly, and let them dry while you prepare the dye. You might experiment with [natural dyes](#); or you can decorate the shells with crayons and stickers before you stuff them with confetti. Be sure to have them finished before Easter!