



Hot cross buns are a traditional Easter treat. One legend says that about 600 years ago an English monk made them to give to poor people at Easter. The cross of white icing is a reminder of the life and death of Jesus.

On this Holy Saturday, as you reflect on the crucifixion and wait for the news of Easter, take time to make a batch of [hot cross buns](#). (This recipe uses frozen roll dough; but if you have a favorite bread recipe, you can use it to make your dough.) Consider making extra hot cross buns to share with neighbors.